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Intuition Wellness Center Plants "Seeds" to Promote Community Behavioral Health Safety and Wellness

Tucson, AZ, Feb. 23, 2017 - Intuition Wellness Center joins MADD and event partner Dunkin' Donuts as an exhibitor in the MADD Community Safety Fair held Feb. 28, 2017 from 8:00 a.m. - noon at 7805 N. Oracle Rd., Ste. 101 in Oro Valley. The Fair brings awareness of safety, wellness and community resources available to individuals, victims and families in need. Proceeds of each donut sale will benefit MADD Arizona.

Dr. Yoendry Torres, Center co-founder, clinical psychologist and professional consultant, presents the team's unique, client-strength and evidence-based approach to services, including group therapy programs such as "Taekwondo Wellness for Kids & Teens" and "Therapeutic Art & Yoga." Learn parenting tips; gain access to free behavioral health blogs, youth, family-focused articles and prevention skills. Community visitors leave with a fun giveaway that cultivates individual and family health and joy through gardening.

According to the Child Mind Institute 2015 Children's Mental Health Report, half of all psychiatric illness occurs before age 14 and 75% percent by age 24. Most alarming is that symptoms of anxiety disorders often surface by six years of age and mood disorders, including depression, by 13 years of age. If left untreated symptoms may develop into serious psychological and behavioral disorders by young adulthood. While the initial cause in youth varies, significant risk factors include bullying, peer issues, school difficulties, family conflict, trauma and grief.

Established in 2013, Intuition Wellness Center is the leading provider of integrated, behavioral health services and programs focused on the specialized needs of children, adolescents, young adults and their families. The Center is also an American Psychological Association approved sponsor to deliver continuing education for psychologists, in addition to offering a graduate level training program, clinical consultation, psychological evaluation, testing, counseling, and more. MADD Southern Arizona Affiliate was an exhibitor partner during the Center's recent continuing education workshop - "Talking to Children about Tragedy" - presented by Dr. Brandy Baker, Center co-founder, clinical and training director.

"Intuition's team is committed to working collaboratively with healthcare professionals, educators and child and family-focused agencies to improve community accessibility to quality youth behavioral health services and support," states Dr. Baker, who will also attend the Fair. Intuition Wellness Center is one of nearly four dozen community organizations, law enforcement and first responder MADD Community Safety Fair exhibitors providing information, educational materials and activities that highlight Tucson metro resources.

Editor's Note: For more information about Intuition Wellness Center services and programs, visit intuitionwellness.com or contact Gina Babunovic at 520-333-3320 or gbabunovic@intuitionwellness.com.