

A RESPONSE TO COVID-19 (NOVEL CORONAVIRUS)

The Intuition Wellness Center Team became aware recently that COVID-19 is now in Pima County. The spread of COVID-19 reminds us how interconnected we all are at both global and local levels. We believe in a community-based model of healing and wellbeing, which means that each of us has a responsibility to others to make efforts to prevent the spread of COVID-19.

Signs and Symptoms: According to the CDC (2020), individuals with COVID-19 experience mild to severe illness with symptoms of: fever, cough, and shortness of breath.

If you or your child are experiencing COVID-19 symptoms, please inform us immediately via an email or phone call. We ask that you do not come into Intuition Wellness Center with possible symptoms. For all new and return clients without symptoms and without known exposure to COVID-19, visits will remain as scheduled and will occur in the office.

Naturopathic Medicine Clients: If you or your child are experiencing COVID-19 symptoms, you may call our office and schedule a telemedicine call with Dr. Sage instead of a regular in-office visit. Over the phone, Dr. Sage will assess the severity of symptoms and treatment options as well as provide next steps if symptoms become more severe. The Arizona Department of Health Services recommends that all persons with mild to moderate symptoms be provided care over the phone to reduce the spread of the virus.

Occupational Therapy and Behavioral Health Clients: If you or your child are experiencing COVID-19 symptoms, please call to discuss this with your provider. In some cases, we may be able to offer a telehealth session in lieu of an in-person session. There will never be a cancellation fee for a missed session due to exposure to or symptoms of COVID-19.

Additional Precautions Intuition Wellness is Implementing:

1. Team members have been asked to stay home when they exhibit any symptoms or if they know they were in contact with someone who has been diagnosed with COVID-19.
2. In addition to increased measures with our cleaning crew, each of our team members now has access to additional sterilization methods and is wiping down their spaces on a regular basis.
3. We are encouraging regular hand-washing. We have posted tips to support children to effectively wash their hands and we offer a hand-washing station in our Great Room.

Research suggests that people in times of crisis are often extraordinarily altruistic. We have no doubt that our community— both those directly and indirectly impacted by the spread of COVID-19— will meet this challenge with compassion. Intuition Wellness Center wishes to take an informed and rational approach to the wellbeing of our entire community that is free of fear and panic, which is in the best interest of the children, young adults and families we serve. If you or your child is experiencing big and/or debilitating worry about the spread of COVID-19, or if you have related medical questions, remember that we are here for you. For additional helpful articles and resources check out our [website](#) and [Facebook](#) page.

**Be well,
The Intuition Wellness Center Team**