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Have Doctor Will Travel Tucson Physician Makes Home Visits During COVID-19

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Tucson, AZ (July 1, 2020) — Telehealth and remoting prove to remain the "new norm" for healthcare providers and practices to serve clients during COVID-19. Since March, Tucson businesses and families are caught between a delicate dance of one hopeful step forward and two steps back as local and state officials make decisions ongoing to protect public health.

Yet, amidst the uncertainty and concerns over the recent rise of confirmed coronavirus cases in June, one natural, joyful part of life continues: babies are born.

The Center for Disease Control designated pregnant women as a vulnerable population and as a result, their unborn babies may be at higher risk during this volatile, unprecedented time. Add increasing hospitalization and infection rates across Arizona, some women are not only choosing home births but in-home post-natal care.

Kate Sage, NMD, Naturopathic Family Physician, offers telehealth and travels the extra mile to provide in-home newborn and well-baby checks, which she finds to be a vital service during the pandemic. "Newborns and infants absolutely need to be physically examined head-to-toe. There are many things that should be monitored to ensure proper growth and development," explains Dr. Sage. Home visits include a comprehensive physical exam, newborn screening lab tests, and close observation of growth and development to assure all developmental milestones are achieved.

Dr. Sage follows strict COVID-19 pre-screening and sanitation protocols and processes with each home visit by wearing a mask and other protective equipment on site as needed. A pediatric specialist, she welcomes and works collaboratively with a client's other healthcare providers. Exceptional diagnostic abilities enable her to find the basis of complex presenting symptoms for appropriate treatment.

Known as Dr. Kate, she joined Intuition Wellness Center in September 2019, a private, group practice that offers services in behavioral health, pediatric occupational therapy, parenting support, and wellness programs for ages 0 - 25 and families in one convenient location. Dr. Kate's personable nature and philosophy of care and treatment align with the clinical team's multi-disciplinary, collaborative approach to treat the whole individual - mind, body and spirit - so each may live in health and joy.

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Editor's Note: Please contact Gina Babunovic at 520-333-3320 or contact@intuitionwellness.com for photos available for publication. To learn more about Intuition Wellness Center, visit intuitionwellness.com.