

CONSENT TO NATUROPATHIC MEDICINE In-Person & Telehealth Services

Welcome to Intuition Wellness Center, PLLC. This document contains important information about our professional services and policies and will represent an agreement between you and Intuition Wellness. The term "patient" represents children, adolescents, and adults who are the identified patients receiving services at Intuition Wellness. "You" refers to "patient" or, if the patient is a minor, may also refer to a guardian.

NATUROPATHIC MEDICINE _____ (initial)

Naturopathic medicine is the treatment and prevention of diseases using natural means whenever possible. Naturopathic physicians assess the whole person and generally use gentle, non-invasive techniques such as diet and nutritional supplements, botanical medicine, homeopathy, hydrotherapy, physical medicine, lifestyle counseling, and, in some cases, pharmaceutical medicines.

Treatment at Intuition Wellness often calls for an active effort on the patient's part. You have the right to participate in treatment decisions. You also have the right to refuse any recommended actions or withdraw informed consent to treatment. Your doctor will advise of the consequences of such refusal or withdrawal.

RISKS & BENEFITS _____ (initial)

Even the gentlest therapies can have complications in combination with certain physiological conditions or in those with multiple medications. Your naturopathic physician strives to anticipate and to explain all potential risks and complications. It is very important that you inform your naturopathic physician immediately of any disease process

that you are experiencing, if you are on medication or over-the-counter drugs, or if you are pregnant or breastfeeding. Risks may include: aggravation of pre-existing symptoms; allergic reactions to supplements or herbs; pain, bruising or injury from venipuncture; or side effects associated with pharmaceutical medicines.

On the other hand, naturopathic medicine has been shown to have many benefits for many people. Your doctor will support you in using natural means to stimulate your body's inherent healing capacity. You may experience a boost in both emotional and physical wellbeing. There are no guarantees that you, or your child, will experience these benefits and/or risks.

TELEHEALTH SERVICES _____ (initial)

IWC offers telehealth services as an option for your convenience when feasible and deemed clinically appropriate by your naturopathic physician. Telehealth services can remove travel and scheduling barriers. In addition, telehealth can be an occasional safer alternative to in-person services if you are experiencing specific contagious symptoms. Telehealth communication used by Intuition Wellness is encrypted as required by law.

TELEHEALTH RISKS _____ (initial)

I understand there are potential risks with this technology:

- a. The video connection may not work or may stop working during the appointment.

- b. The video picture or information transmitted may not be clear enough to be useful for the appointment.
- c. Privacy cannot be guaranteed when the patient is not using telehealth in a private location.
- d. Despite best efforts to ensure high encryption and secure technology, there is always a risk that the transmission may be breached and accessed by unauthorized persons.
- e. You may be required to go to the center if it is felt that the information obtained via telehealth was not sufficient.

FEES AND PAYMENTS _____ (initial)

Intuition Wellness fees vary by service. The fee schedule is available online at intuitionwellness.com or you can request one. All patients are responsible for payment at the time the appointment is held. Naturopathic services are not billed directly to insurance by Intuition Wellness. You may be able to receive some reimbursement by your health insurance company by directly submitting a superbill to them, which Intuition Wellness can provide you upon request.

Lab costs, prescribed medications, and supplements are not included in the cost of the office visit. There may be additional fees associated with report writing, telephone conversations, attendance at meetings with other professionals you have authorized, preparation of records, and the time spent performing any other service agreed upon. Intuition Wellness requires you place a credit card on file to charge phone consultations/call backs or authorized case management services at the time of service. If patients become involved in legal proceedings that require a team member from IWC to participate, you will be expected to pay even if the team member is called to testify by another party.

In circumstances of unusual financial hardship, you may inquire about fee adjustment options. If your account has not been paid, Intuition Wellness may suspend services until a financial arrangement is agreed upon.

You will be charged your full fee for appointments missed or cancelled without 24-hour notice unless cancellation was due to circumstances beyond your control. You will also be responsible for the full fee for the appointment even if tardy and missed time cannot be made up.

CONTACTING YOUR PHYSICIAN _____ (initial)

Many team members are engaged in the world around them in a variety of capacities. Thus, most do not maintain 9 a.m. - 5 p.m. office hours and, when in the office, may be attending to other clients or related matters. Your naturopathic physician may often not be immediately available. If you are experiencing an emergency, call 9-1-1 or go immediately to your nearest emergency room. If your naturopathic physician will be unavailable for an extended period of time or if you need to be seen sooner than scheduling allows, Intuition Wellness may direct you to your local Urgent Care or provide you with the name and contact information of a colleague to contact if necessary.

PROFESSIONAL RECORDS _____ (initial)

The laws and standards of the profession require that IWC keep treatment records. You are entitled to receive a copy of your records. Because these are professional records, they can be misinterpreted by untrained readers. Your naturopathic physician can explain the contents and answer any questions. Requests for records must first be provided in writing. Records will be provided within a 30-day period from the time that the written request was submitted. Records can be provided

electronically at no charge or in hardcopy format for a fee of \$10.00.

MINORS _____ (initial)

Parents/guardians are responsible for their children, including when left unattended.

If you are a patient under eighteen years of age, please be aware that the law may provide your guardian/parent(s) the right to examine or receive a copy of your records. You should discuss with your naturopathic physician so as to determine together how to best handle such disclosures. A signed waiver is required that authorizes your doctor to treat a minor patient (i.e. adolescent) without a parent/guardian present in the examining room.

CONFIDENTIALITY _____ (initial)

The privacy of communications between a patient and a provider is protected by law. Generally, Intuition Wellness can only release information about services to others with the patient's written permission. But there are a few exceptions:

- In most legal proceedings, patients have the right to prevent Intuition Wellness from providing information about their treatment. In some proceedings a judge may order a provider's testimony if it is determined that the issues demand it.
- There are some situations in which your doctor at IWC may be legally obligated to reveal patient information to protect others from harm. For example, if a team member believes that a child, elderly person, or disabled person is being abused or neglected, he or she must file a report with the appropriate state agency.
- If a patient is threatening serious bodily harm to themselves or another, the law requires protective actions, which may include seeking a formal safety evaluation, contacting family

members or others who can provide protection, or notifying the potential victim.

- Naturopathic physicians at IWC may seek professional consultation to improve quality of care. The Intuition Wellness team meets regularly for clinical staffings to ensure the highest quality of services. All team members receive regular consultation or supervision and they may find it helpful to discuss particular details. If you have concerns about disclosures, you are encouraged to discuss these with your naturopathic physician.

PARENT/GUARDIAN SIGNATURE BELOW ACKNOWLEDGES THAT YOU:

- understand the limits of confidentiality;
- have read the information in this document and agree to abide by its terms;
- have read the Privacy Practices Notice;
- have reviewed and received a copy of the Services & Programs Fee Schedule;
- understand that you have the right to select/direct which pharmacy your prescriber uses to fill your medication orders;
- understand that during the course of the procedure, your naturopathic physician will exercise judgments based on the facts known at the time and based on what they feel is in your best interest; and,
- understand that consent is voluntary; you may revoke your consent in writing at any time.

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Check here if you **do not** want your naturopathic physician to inform your primary care physician of your participation in treatment at this time.

I UNDERSTAND THAT MY TYPED NAME BELOW REPRESENTS MY ELECTRONIC SIGNATURE.

Patient Name Date of Birth

Patient/Guardian Name Signature of Patient/Guardian Today's Date

Guardian Name Signature of Guardian Today's Date