

CONSENT TO NATUROPATHIC MEDICINE In-Person & Telehealth Services

Welcome to Intuition Wellness Center, PLLC. This document contains important information about professional services and policies and will represent an agreement between you and Intuition Wellness. The term "client" represents children, adolescents, adults, couples, or families who are the identified client receiving services. "You" refers to "client" or if the client is a minor, may also refer to a parent(s)/guardian(s).

NATUROPATHIC MEDICINE CLINICAL SERVICES

Naturopathic medicine is the treatment and prevention of diseases using natural means whenever possible. Naturopathic physicians assess the whole person and generally use gentle, non-invasive techniques such as diet, nutritional supplements, botanical medicine, homeopathy, hydrotherapy, physical medicine, lifestyle counseling, and, in some cases, pharmaceutical medicines.

Treatment at Intuition Wellness often calls for an active effort on the client's part. You have the right to participate in treatment decisions. You also have the right to refuse any recommended actions or withdraw informed consent to treatment. Your doctor will advise of the consequences of such refusal or withdrawal.

Benefits & Risks:

Naturopathic medicine has been shown to have many benefits for many people. Your doctor will support you in using natural means to stimulate your body's inherent healing capacity. You may experience a boost in both emotional and physical wellbeing. There are no guarantees that you, or your child, will experience these benefits.

Even the gentlest therapies can have complications in combination with certain physiological conditions or in those with multiple medications. Your naturopathic physician strives to anticipate and to explain all potential risks and complications. It is very important that you inform your doctor immediately of any symptoms that you are experiencing during treatment, if you are on medication or over-the-counter drugs, or if you are pregnant or breastfeeding. Risks may include: aggravation of pre-existing symptoms; allergic reactions to supplements or herbs; pain, bruising or injury from venipuncture; or side effects associated with pharmaceutical medicines, without limitation..

Telehealth Services: Benefits & Risks

Intuition Wellness offers telehealth services as an option for your convenience when feasible and deemed clinically appropriate by your doctor. Telehealth services can remove travel and scheduling barriers. In addition, telehealth can be an occasional, safe alternative to in-person services should you be experiencing symptoms of a contagious condition.* Telehealth communication used by Intuition Wellness is encrypted as required by law.

There are potential risks with telehealth technology:

- a. The video connection may not work or may stop working during the session.
- b. The video picture or information transmitted may not be clear enough to be useful for the session.

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- c. Privacy cannot be guaranteed when the client is not using telehealth in a private location.
- d. Despite best efforts to ensure high encryption and secure technology, there is always a risk that the transmission may be breached and accessed by unauthorized persons.
- e. You may be required to go to the location of the consulting doctor if it is felt that the information obtained via telehealth was not sufficient.

COMMUNICATING WITH YOUR NATUROPATHIC PHYSICIAN

Your doctor's contact information and how to reach them outside of office hours is provided at the time of your first appointment. When communicating with your doctor outside of your appointment, you can email or leave a message on their confidential voicemail. Please do not text your doctor. To schedule an appointment or if you have general questions, contact reception at 520-333-3320 or contact@intuitionwellness.com.

If you are experiencing an emergency, your physician may not be immediately available. Call 9-1-1 or go immediately to your nearest emergency room. Should your doctor will be unavailable for an extended period of time or if you need to be seen sooner than scheduling allows, Intuition Wellness may direct you to your local Urgent Care or provide you with the name and contact information of a covering physician.

Texting (SMS) Benefits & Risks:

Texting is a popular and quick communication tool. However, please be aware that Intuition Wellness does not offer a secure, encrypted texting platform. Only the Administrative Team utilizes texting on occasion to alert you to an upcoming appointment or request that you contact the Billing Department. All information shared via text between you and the Administrative Team may be vulnerable to unintentional disclosure. To communicate with the Administrative Team via text, you are required to consent ("opt in") in writing to send and receive text messages. Your consent represents that you understand this risk.

MINIMIZING EXPOSURE

Intuition Wellness is a medical facility and committed to community wellbeing. To minimize exposure to health risks during in-office appointments, you understand and agree that you will notify your doctor or reception prior to the appointment if you have contracted a contagious illness or have been exposed to a person diagnosed or with symptoms of a contagious illness.

Note: Intuition Wellness may change the current precautions depending upon published local, state and federal health orders or guidelines.

PROFESSIONAL FEES: CANCELLATION POLICY

Intuition Wellness fees vary by service. The fee schedule is available online at intuitionwellness.com or upon request. All patients are responsible for payment at the time the appointment is held. If your account has an outstanding balance, Intuition Wellness may suspend services until a financial arrangement is agreed upon.

Naturopathic services are not billed directly to insurance by Intuition Wellness. You may be eligible for reimbursement from your health insurance. To assist you, Intuition Wellness can provide a superbill upon request.

You will be charged your full fee for appointments missed or canceled without 24-hour notice unless cancellation was due to circumstances beyond your control. You will also be responsible for the full fee for the appointment even if tardy and missed time cannot be made up.

_____ (initial)

_____ (initial)

MEDICAL RECORDS

The laws and standards of the profession require that Intuition Wellness keep treatment records. You are entitled to receive a copy of your records. Requests for records must first be provided in writing and signed by both parent(s)/guardian(s), if applicable. Records will be provided within a 30-day period from the time that the written request is submitted. Records can be provided electronically at no charge or in hardcopy format for a fee of \$10.00 and the cost of postage.

MINORS

Intuition Wellness Center follows a policy of transparency when communicating with a client's parent(s)/guardian(s). In support of this policy, both parent(s)/guardian(s) contact information must be provided and both parent(s)/guardian(s) are required to sign the client paperwork of a minor child, if applicable. Exceptions may be made on a case-by-by case basis consistent with Intuition policies and applicable law or as required by court order.

If you are a client under eighteen years of age, please be aware that the law may provide your parent(s)/guardian(s) the right to examine or receive a copy of your records.

Parent(s)/guardian(s) are responsible for their children, including when left unattended. A parent(s)/guardian(s) must be readily available in case of emergency during their child's appointment. A signed waiver is required to authorize treatment of a minor patient (i.e., adolescent) without a parent(s)/guardian(s) present.

CONFIDENTIALITY

The privacy of communications between a client and a naturopathic physician is protected by law. Generally, Intuition Wellness can only release information about services to others with the client's written permission. But there are a few exceptions:

- In most legal proceedings, clients have the right to prevent Intuition Wellness from providing information about their treatment. In some proceedings a judge may order the release of medical records and/or a physician's testimony if it is determined that the issues demand it.
- Physicians are mandated reporters. There are some situations in which Intuition Wellness may be legally obligated to reveal client information to protect others from harm. For example, if your doctor believes that a child, elderly person, or disabled person is or has been abused, neglected, or otherwise seriously harmed, as defined by state law, they must file a report with the appropriate state agency.
- If a client is threatening or engaging in serious bodily harm to themselves or another, physicians are required by law to take protective actions. These actions may include notifying the potential victim, contacting the police, or seeking a formal safety evaluation of the client. Your doctor may be obligated to contact family members or others who can help provide protection.
- The Intuition Wellness Clinical Team meets regularly for clinical staffings to ensure the highest quality of services. All Intuition Wellness Clinical Team Members also receive regular individual consultation or supervision with a licensed professional, and they may find it helpful to discuss particular details. Your naturopathic physician may seek professional consultation to improve quality of care. If you have concerns about disclosures, you are encouraged to discuss these with your doctor.

_____ (initial)

_____ (initial)

Client Name: _____ **Date of Birth:** _____

YOUR SIGNATURE(S) BELOW ACKNOWLEDGES THAT YOU:

- have read the information in this document and agree to abide by its terms;
- understand the limits of confidentiality;
- have read the Privacy Practices Notice;
- have reviewed and received a copy of the Services & Programs Fee Schedule;
- understand that you have the right to select/direct which pharmacy your prescriber uses to fill your medication orders;
- understand that during the course of the procedure, your naturopathic physician will exercise judgments based on the facts known at the time and on what they feel is in your best interest;
- consent to treatment and understand that consent is voluntary; you may revoke your consent in writing at any time; and,
- agree to pay all professional fees and expenses as outlined in this Consent.

Check here if you **do not want** your naturopathic doctor to inform your primary care physician of your participation in treatment at this time.

Check here **if you consent** ("opt in") to send or receive text messages from Intuition Wellness Administrative Team Members. You may terminate your consent ("opt out") at any time by texting "STOP" or in writing to contact@intuitionwellness.com.

I UNDERSTAND THAT MY TYPED NAME BELOW REPRESENTS MY ELECTRONIC SIGNATURE.

In the case of a minor, both parent(s)/legal guardian(s) are required to sign this form.

Relationship to Client: Self Parent Guardian **Relationship to Client:** Parent Guardian

Printed Name

Printed Name

Signature

Signature

Date/Time of Signature

Date/Time of Signature