

Consent to Treatment Counseling & Psychological Testing In-Person & Telehealth Services

Welcome to Intuition Wellness Center, PLLC. This document contains important information about professional services and policies and represents an agreement between you and Intuition Wellness. The term "client" represents children, adolescents, adults, couples, or families who are the identified client receiving services. "You" refers to "client" or if the client is a minor, may also refer to a parent(s)/guardian(s). "Team member(s)" represents both clinical and administrative professionals.

Clinical Services

Psychotherapy and psychological testing can have benefits and risks. Since both can involve working on difficult aspects of one's life, clients may experience uncomfortable feelings. On the other hand, there are benefits for many people. Therapies and testing results often lead to positive outcomes, including solutions to specific problems and reductions in distress. There are no guarantees that you, or your child, will experience these benefits and/or risks. Therapies and testing call for a very active effort on the client's part. You have the right to participate in treatment decisions and in the development, periodic review and revision of a treatment plan. You also have the right to refuse any recommended actions or withdraw informed consent. Your clinical team member will advise of the consequences of such refusal or withdrawal.

Telehealth Services: Benefits & Risks

Intuition Wellness offers telehealth services as an option for your convenience when feasible and deemed clinically appropriate by your practitioner. Telehealth services can remove travel and scheduling barriers. In addition, telehealth can be an occasional, safe alternative to in-person services should you or your clinician experience symptoms of a contagious condition. Telehealth communication used by Intuition Wellness is encrypted as required by law.

There are potential risks with this technology:

- The video connection may not work or may stop working during the session.
- The video picture or information transmitted may not be clear enough to be useful for the session.
- Privacy cannot be guaranteed when the client is not using telehealth in a private location.
- Despite best efforts to ensure high encryption and secure technology, there is always a risk that the transmission may be breached and accessed by unauthorized persons.
- You may be required to go to the location of the consulting clinician if it is felt that the information obtained via telehealth was not sufficient.
- Insurance may not cover sessions provided via telehealth.

Communicating With Your Clinical Member

Many Intuition Wellness practitioners are engaged in the world around them in a variety of capacities. Thus, most do not maintain 9 a.m. - 5 p.m. office hours and, when in the office, may be attending to other clients or clinical matters. Your clinician may often not be immediately available. Confidential voicemail and email options are available, and your practitioner will make every effort to respond promptly. If unavailable for an extended period of time, they can provide you with the name and phone number of a supervisor or colleague who may be contacted in their absence. If you have an immediate clinical emergency, call 9-1-1 or go to your nearest emergency room.

_____ (initial)

_____ (initial)

Texting (SMS) Benefits & Risks

Texting is a popular and quick communication tool. However, please be aware that Intuition Wellness does not offer a secure, encrypted texting platform. All information shared via text between you and a team member may be vulnerable to unintentional disclosure. It is preferable you use email or leave a message on your clinical team member's confidential voicemail when communicating with them outside of your appointment. To communicate via text, you are required to consent ("opt in") in writing to send and receive text messages from team members. Your consent to "opt in" on page 4 represents that you understand the risks.

Minimizing Exposure

Intuition Wellness is a medical facility and committed to community wellbeing. To minimize exposure to health risks during in-office appointments, you understand and agree that you will:

- only attend in-person appointments if you are not exhibiting symptoms of contagious conditions; and,
- notify your practitioner prior to the appointment if you have contracted a contagious illness or have been exposed to a person diagnosed or with symptoms of a contagious illness within five days prior to your appointment.

Note: Intuition Wellness may change the current precautions depending upon published local, state and federal health orders or guidelines.

Professional Fees

Intuition Wellness service fees vary by practitioner depending upon degree and licensure status, as applicable. The [Fee Schedule](#) is available online or upon request. If you are a self-pay client and not using insurance, you will be provided a "Good Faith Estimate" of fees prior to your appointment as required by federal law. Services may include report writing, telephone conversations, attendance at meetings with other professionals you have authorized, preparation of records or treatment summaries, testing feedback sessions and the time spent performing any other service agreed upon.

Please be advised that health insurance companies do not cover costs for tardiness or missed appointments. Intuition Wellness will bill you directly a prorated hourly rate for tardiness based on the full fee. Appointments canceled without 24-hour notice will also be charged the full fee unless cancellation was due to circumstances beyond your control.

Per Intuition Wellness policy, please note that clinical and administrative team members do not participate in legal matters or court proceedings unless required by court order or subpoena. All time and expenses are billable to the client or their parent(s)/guardian(s). Expenses may include but are not limited to: Intuition Wellness legal consultation fees, travel time, expenses, administrative preparation and attendance in court. If clients become involved in legal proceedings that require a team member's participation, you may be expected to pay clinical and/or administrative preparatory fees even if team members are called to testify or subpoenaed by another party.

Billing and Payments

All clients are responsible for payment at the time the appointment is held unless an alternative arrangement is agreed to in advance or insurance coverage requires another arrangement. Please alert your practitioner in circumstances of unusual financial hardship. If your account has not been paid for more than two sessions and arrangements for payment have not been agreed upon, Intuition Wellness may suspend services until a financial arrangement is in place.

Insurance Reimbursement

Health insurance policies often provide some coverage for treatment dependent upon your member plan. However, insurance companies may not cover services for certain diagnoses or clinician degree and level of licensure. As a result, clients will be responsible for service fees in those circumstances. It is very important that you find out exactly what services your insurance policy covers before proceeding, including telehealth services. Clients who self pay for clinical services may receive some reimbursement by directly submitting a "superbill" to their health insurance company, which Intuition Wellness can provide upon request. Some clinicians are unable to offer "superbills" dependent upon degree and licensure level.

_____ (initial)

_____ (initial)

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Professional Records (Authorization for Release of Information)

The laws and standards of the profession require that Intuition Wellness keep treatment records. You are entitled to receive a copy of your child's/your medical records or your clinical team member can prepare a summary for you. Because these are professional records, they can be misinterpreted and/or upsetting to untrained readers. If you wish to see your child's/your records, it is recommended that you review them with your clinician so that they can explain the contents and answer any questions. Record requests require completion of an Intuition Wellness "Authorization for Release of Information" signed by all parent(s)/guardian(s), if applicable. Client records are released within a 30-day period from the time this Intuition Wellness document is submitted. Records are provided electronically at no charge or in hard copy format for a fee of \$10.00 and the cost of postage.

Minors

The law provides a parent(s)/guardian(s) the right to examine or receive a copy of a minor client's records. Your child's practitioner may discuss the release of records with their minor client to determine together how to best handle such disclosures to a parent(s)/guardian(s).

Intuition Wellness Center follows a policy of transparency when communicating with a client's parent(s)/guardian(s). All parent(s)/guardian(s) contact information must be provided and all parent(s)/guardian(s) are required to sign the client paperwork of a minor child, if applicable. Exceptions may be made on a case-by-case basis consistent with Intuition policies, applicable law or as required by court order.

Parent(s)/guardian(s) are responsible for their children, including when left unattended. A parent(s)/guardian(s) must be readily available in case of emergency during their child's appointment.

Confidentiality

Privacy of communications between a client and a practitioner is protected by law. Generally, Intuition Wellness can only release information about services to others with the client's written permission. But there are a few exceptions:

- In most legal proceedings, clients have the right to prevent Intuition Wellness from providing information about their treatment. In some proceedings a judge may order a clinical team member's testimony if it is determined that the issues demand it.
- Practitioners are mandated reporters. In some situations, Intuition Wellness may be legally obligated to reveal client information to protect others from harm. For example, if a clinical team member believes that a child, elderly person, or disabled person is or has been abused, neglected, or otherwise seriously harmed, as defined by state law, they must file a report with the appropriate state agency.
- If a client threatens or engages in serious bodily harm to themselves or another, practitioners are required by law to take protective actions. These actions may include notifying the potential victim, contacting the police, or seeking a formal safety evaluation of the client. Clinical team members may be obligated to contact family members or others who can help provide protection.

Additionally, many insurance companies require participating practitioners to disclose a client's participation in treatment to their primary care physician. You are encouraged to have a discussion with your clinical team member about this topic. You may opt out of notification at your own discretion. The Intuition Wellness clinical team meets regularly for clinical staffings to ensure the highest quality of services. All practitioners also receive regular individual consultation or supervision with a licensed professional, and they may find it helpful to discuss particular details. If your assigned clinical team member is in training, they will notify you and provide you with their supervisor contact information. If you have concerns about disclosures, you are encouraged to discuss these with your clinician.

_____ (initial)

_____ (initial)

Client Name: _____ **Client Date of Birth:** _____

Your signature(s) below acknowledges that you:

- have read the information in this document and agree to abide by its terms;
- understand the limits of confidentiality;
- have read the Privacy Practices Notice;
- have reviewed and received a copy of the Services & Programs Fee Schedule,
- consent to treatment and understand that consent is voluntary; you may revoke your consent in writing at any time; and,
- agree to pay all professional fees and expenses as outlined in this Consent to Treatment.

Check here and type your initials if **you consent ("opt in")** to send or receive text messages from your clinical team member and the administrative team. You can terminate consent ("opt out") at any time in writing to contact@intuitionwellness.com or by replying "STOP" in your text response. _____ (initial) _____ (initial)

Check here if **you do not want** your clinician to inform your primary care physician of your participation in treatment at this time.

Check here if **you are an insurance client** and **you do not want** Intuition Wellness to bill services to your insurance company and want to be billed directly.

I UNDERSTAND THAT MY TYPED NAME BELOW IN THE SIGNATURE LINE REPRESENTS MY ELECTRONIC SIGNATURE.

In the case of a minor, all parents/guardians are required to initial pages 1 - 3, print name, sign, date with time and complete highlighted areas and applicable checkboxes on page 4 for Consent to Treatment to be valid.

Relationship to Client: Self Parent Guardian

Relationship to Client: Parent Guardian

Client or Parent/Guardian Printed Name

Additional Parent/Guardian Printed Name

Client or Parent/Guardian Signature

Additional Parent/Guardian Signature

Date

Date

Time

Time